

Facing Adversity

Identifying the Adversity in Your Life

Can you identify why God has allowed adversity in your life?

How does knowing that God loves you unconditionally change your outlook on the situation in your life?

How can the pain that you have been through or are going through right now help others in the future? Explain.

Examine yourself and make a list of the trials that you are going through today. Talk to God; tell Him what it's like for you. Be honest with yourself and with God. God respects honesty in His children. And don't forget to thank God in spite of your pain. Know that He is allowing you to go through for a reason. Know that you will be strengthened as a result.

1	6
2	7
3	8
4	9
5	10

Do you honestly feel that God's grace is sufficient for the adversity that you are facing? Explain.

Are You Aware of God's Wonderful Promises?

Take a moment to jot down God's promises. Read 2 Corinthians 9:8. Internalize His promises and then make a decision right now to trust Him no matter how painful or difficult your current situation may be.

Even though God allows the adversity, He is your rock, and He will see you through the pain and the heartache. If you call on Him, He'll be right there at your side to let you know that it's going to be all right. He will give you the strength to endure to the end and if you acknowledge Him at this time and surrender yourself to Him, then what He is trying to do will be accomplished.

Don't allow the adversity in your life to hold you back from achieving God best for you. Remember adversity always comes with a lesson.

If you have known sin in your life, repent and ask God to forgive you and then turn quickly from it.

A great portion of our spiritual growth comes through adversity. God uses it to strengthen us and to build us up for His kingdom.

God Has a Plan for Your Life

When adversity strikes does God abandon His plan for your life? What do you think? Write it down.

What view would you say God has of you? When you answer the question, will He be pleased with your answer?

Take a moment and view what the Bible says should be God's view of you. Take the time and look for other scriptures describing God's view of you.

1 Peter 2:9

"But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light.

Ephesians 2:10

For we are His workmanship created in Christ Jesus for good works which God prepared beforehand that we should walk in them.”

Where Do You Stand When it Come to Material Blessings?

If God were to take everything you have away? What would be your response? Are you hung up on material possessions or would you let them go without a single complaint? Would you thank God, knowing that He has a purpose for doing this?

You can never place more value on material things than you do on God, nor can you elevate them higher than your brother or sister. God said to love your neighbor as yourself. Can you honestly say that this is something that you practice in your life? Write it down.

Adversity is a Test of Your Faith

While you are going through do you trust God to deliver you once He has accomplished His goal? Do you thank Him for His love and faithfulness, and for being there throughout your adversity? He tells you that He will never leave you nor forsake you. Do you believe Him?

“Many are the afflictions of the righteous; but the Lord delivers him out of them all” Psalm 34:19

Name at least 5 beneficial things that God could want to accomplish as a result of your adversity?

1. _____
2. _____
3. _____
4. _____
5. _____

Remember God is there with you, and His grace is sufficient for you, and He will never ever put on you more than you can bear. Trust Him to do what is necessary to make you a better person.